



At **AMERICAN COUNSELING & TRAINING**, we believe in giving back to the communities we serve.

One way we achieve this is by supporting company personnel and their family members with 1-4 translation and/or tutorial sessions at no cost.

Simply contact ACT at 503-774-9971 or national at 1-866-774-9971 to find out the location near you.

AMERICAN COUNSELING & TRAINING also offers specialized training with professional associates who provide workshops and information for the following:

- Strategic Planning
- Executive Coaching
- Productive Meetings
- Stress and Time Management

AMERICAN COUNSELING & TRAINING

Employee Assistance Programs

Confidential services and support 24/7 dedicated to exceeding your expectations

Contact us:

AMERICAN COUNSELING & TRAINING

Portland, OR

Local: 503-774-9971

National Toll Free: 1-866-774-9971

Email: info@act-eap.com

Web: www.act-eap.com



AMERICAN COUNSELING & TRAINING provides Employer/Employee Assistance Programs supporting CEO's, business owners, management, company personnel and immediate family members.

The basic EAP program provides participants up to four annual prepaid visits with a specialist, counselor or therapist to assist with personal or family crises.

A vast database of personal support resources is also made available to all enrollees.

Assistance is available 24/7—all for only pennies per day for each employee.

One of the least expensive and most valuable employee benefits available today.



Employer Assistance Programs

Employer Assistance Program's protect CEO's and company assets with Policies, Procedures and company wide Training addressing:

- Workplace Violence
- Discrimination
- Sexual Harassment
- Supervisory Training
- Documentation
- Employee Relations

Effective policy, procedure and training requirements — complete and documented - provide employers Legal firewalls that will protect company assets.

Proper training also deflects liability away from company assets to the guilty individual.

All personnel and family members are provided pre-paid resources to deal with difficult personal and family crises including up to four annual visits with a therapist or specialist.

Employee Assistance Programs

Employee Assistance Programs provide information and referral to all personnel and family members concerning:

- Alcohol and Drug Assessment
- Mental Health evaluation
- Veterans information and referral
- Elder Care
- Consumer Credit Counseling
- Legal Referral
- Parenting info and referral mediation
- And many others.....

Every contact with us is considered confidential. Information is disclosed to another only with a signed "release of information".

Be sure to give us a call whenever you need assistance with any issue in these areas!

Portland area: 503-774-9971

Nation-wide: 1-866-774-9971

Additional information



Please visit our web site,
www.act-eap.com

for additional information and subjects of interest.

Our web site contains articles, workbooks and linked web pages that you will find helpful.

Drop us an E-Mail and share feedback on how we can make our website more helpful and supporting of your needs.

We're interested in providing you with the best resources possible.